

INTRAVENOUS SEDATION PRE-OPERATIVE INSTRUCTIONS

Intravenous sedation is a method to increase patient comfort during treatment. Most patients find this technique to be extremely helpful at reducing anxiety.

The following guidelines are advised:

1. Do not eat or drink anything for at least six hours prior to the scheduled appointment time. Patients who regularly take medications for other conditions such as high blood pressure, etc. should continue with their usual schedule unless otherwise directed. These medications can take with small amount of water.
2. If an oral sedative is given, it should be taken one hour prior to the appointment time. This, too, can be taken with a small amount of water.
3. There must be a responsible adult (over 18 years of age) to drive the patient home. The escort must come with the patient and remain in the office or be available by phone through- out the entire appointment time.
4. Minors (under 18 years of age) must be accompanied by a parent or guardian.
5. Clothing: Wear a loose shirt, blouse or top that is not restricting to the neck and arms.
6. Contact Lenses must be removed prior to the time of surgery.

Patients who have had intravenous sedation should not drive an automobile or operate machinery for 24 hours. It is suggested that the patient have a responsible adult stay with him or her for the remainder of the surgery day.